



ccsupsc.com

*In pursuit of preparing
the finest men and women
for Civil Services*

Welcome to CCS — Let's get you started on your BPSC journey!

Congratulations — and welcome aboard. You've joined the **CCS 7-Day Free Demo**, a focused, hands-on introduction to **how to prepare effectively** and **fast** for Civil Services Exam. This letter tells you *exactly* what to do over the next 7 days, how to get help, and how to convert the trial into real momentum for your preparation.

What the 7-Day Demo gives you (at a glance)

- **Live running classes** (join scheduled daily sessions).
- **Syllabus-aligned notes & Current Affairs briefs** placed in the course **folder**.
- **Mains practice prompts** (practice prompts available — *no individual marking in demo*).
- **Anytime access** to demo materials for the 7-day period.
(Demo excludes: personal answer evaluation or private mentoring, and downloadable PDF export.**)

Quick onboarding — immediate actions (do these first)

1. **If you know what you need and what you are doing, have at it. For any additional help call on +91 7909017633. But if you are just starting out goto Step 2**
2. **Book your 1:1 Initial Video Appointment (Free).**
Purpose: mentor drafts a personalized study plan and weekly schedule that fits your time and goals.
How: Click Here: [Appointment](#) OR reply to this message / email support@ccsupsc.com / WhatsApp +91-7909017633.
3. **Open the Week-1 folder** in the app — you'll find notes and class lecture links there.
4. **Use the in-app chat** for quick doubts — our mentors are on duty 24x7.

How the course can fit your style

- **Synchronous** — Follow the live schedule (best for discipline, peer support, live doubt clearing).
- **Asynchronous** — Use the complete previous-cycle course at your own pace (best for time-flexible learners or those who miss live timings).
We **recommend a guided path** (book your free 1:1) so a mentor can create a hybrid plan tailored to your priorities and constraints.
Suggested daily study time: 2–3 hours/day (adjust based on availability).

Week-1 plan (General Studies foundation)

We begin with **4 core papers** that form the foundation of civil services preparation. Week-1 is structured to build that foundation quickly:

- **Day 1–2: Polity** — Core concepts, NCERT / standard note summaries, key cases.
- **Day 3–4: Economy** — Basic macro concepts, budgeting, recent economic developments.
- **Day 5–6: History** — Modern India focus + theme-wise events for prelims/mains.
- **Day 7: Geography** — Physical geography basics + relevant maps & diagrams.

All **notes and lecture links** are in the Week-1 folder. If your mentor sets a *custom path*, you will also see the additional content assigned to you.

Practical study actions

These are short, actionable habits to follow during your demo and beyond:

- **Regularity:** We humans are creatures of habit. Habit is easy to form. Try to schedule your class at the same time every day.
- **'Before Class-After Class' Revision Routine:** Revision is the key to mastering any skill. We recommend attending a class only after revision of past classes and doing a class revision the same day before sleep. This method has proven to be highly effective in long-term concept recall.
- **Active recall:** After each class, write 5 short questions and answer them without notes.
- **Spaced repetition:** Revisit notes after 24 hrs, 7 days, and 30 days.
- **Timed practice:** Do at least one 30–60 minute prelims style quiz in the week.
- **Mains habit:** Convert one class topic into a 250–300 word answer twice this week (self-evaluate using the model answer).

Assessments & feedback

- **Weekly 1:1 Review (Free):** short progress check, doubt clearing, target adjustment.
- **Monthly Assessment & Feedback :** timed test + detailed feedback to evaluate readiness and update your path.
What to bring to a review: your specific doubt questions, recent self-tests, one mains answer you wrote.

First 7-Day Checklist

- Book 1:1 Initial Video Appointment (Free).
- Join Day-1 live class.
- Open Week-1 folder & follow through with the learning path.
- Create an list of doubts.
- Post one doubt in in-app chat.
- Write one 250–300 word mains answer (self-evaluate).
- Schedule your Weekly 1:1 Review.
- Complete a short prelims quiz (30–60 minutes).

Support

- **In-app 24x7 Chat:** Tap the chat icon in the app to message mentors/support instantly.
- **Email:** support@ccsupsc.com
- **WhatsApp:** +91-7909017633
For booking help or tech issues, reach out any time — we'll guide you step-by-step.
- Free 1:1 Video Appointment: [Choose a slot](#)

Best regards,

Anoop Pandey

Course Instructor

