

## ccsupsc.com

# In pursuit of preparing the finest men and women for Civil Services

## Welcome to CCS — Let's get you started on your UPSC journey!

Congratulations — and welcome aboard. You've joined the **CCS 7-Day Free Demo**, a focused, hands-on introduction to **how to prepare effectively** and **fast** for Civil Services Exam. This letter tells you *exactly* what to do over the next 7 days, how to get help, and how to convert the trial into real momentum for your preparation.

## What the 7-Day Demo gives you (at a glance)

- Live running classes (join scheduled daily sessions).
- Syllabus-aligned notes & Current Affairs briefs placed in the course folder.
- Mains practice prompts (practice prompts available no individual marking in demo).
- Anytime access to demo materials for the 7-day period.

  (Demo excludes: personal answer evaluation or private mentoring, and downloadable PDF export.\*\*)

## **Quick onboarding — immediate actions (do these first)**

- 1. If you know what you need and what you are doing, have at it. For any additional help call on +91 7909017633. But if you are just starting out goto Step 2
- Book your 1:1 Initial Video Appointment (Free).
   Purpose: mentor drafts a <u>personalized study plan</u> and weekly schedule that fits your time and goals.
  - How: Click Here: <u>Appointment</u> OR reply to this message / email <u>support@ccsupsc.com</u> / WhatsApp +91-7909017633.
- 3. **Open the Week-1 folder** in the app you'll find notes and class lecture links there.
- 4. **Use the in-app chat** for quick doubts our mentors are on duty 24x7.

### How the course can fit your style

- **Synchronous** Follow the live schedule (best for discipline, peer support, live doubt clearing).
- **Asynchronous** Use the complete previous-cycle course at your own pace (best for time-flexible learners or those who miss live timings).
  - We **recommend a guided path** (book your free 1:1) so a mentor can create a hybrid plan tailored to your priorities and constraints.
  - **Suggested daily study time:** 2–3 hours/day (adjust based on availability).

### **Week-1 plan (General Studies foundation)**

We begin with **4 core papers** that form the foundation of civil services preparation. Week-1 is structured to build that foundation quickly:

- Day 1-2: Polity Core concepts, NCERT / standard note summaries, key cases.
- Day 3-4: Economy Basic macro concepts, budgeting, recent economic developments.
- Day 5-6: History Modern India focus + theme-wise events for prelims/mains.
- Day 7: Geography Physical geography basics + relevant maps & diagrams.

All **notes and lecture links** are in the Week-1 folder. If your mentor sets a *custom path*, you will also see the additional content assigned to you.

## **Practical study actions**

These are short, actionable habits to follow during your demo and beyond:

- **Regularity:** We humans are creatures of habit. Habit is easy to form. Try to schedule your class at the same time every day.
- 'Before Class-After Class' Revision Routine: Revision is the key to mastering any skill. We recommend attending a class only after revision of past classes and doing a class revision the same day before sleep. This method as proven to be highly effective in long-term concept recall.
- Active recall: After each class, write 5 short questions and answer them without notes.
- **Spaced repetition:** Revisit notes after 24 hrs, 7 days, and 30 days.
- **Timed practice:** Do at least one 30–60 minute prelims style guiz in the week.
- Mains habit: Convert one class topic into a 250–300 word answer twice this week (self-evaluate using the model answer).

#### **Assessments & feedback**

- Weekly 1:1 Review (Free): short progress check, doubt clearing, target adjustment.
- Monthly Assessment & Feedback: timed test + detailed feedback to evaluate readiness and update your path.

**What to bring to a review:** your specific doubt questions, recent self-tests, one mains answer you wrote.

## First 7-Day Checklist

- Book 1:1 Initial Video Appointment (Free).
- Join Day-1 live class.
- Open Week-1 folder & follow through with the learning path.
- Create an list of doubts.
- Post one doubt in in-app chat.
- Write one 250–300 word mains answer (self-evaluate).
- Schedule your Weekly 1:1 Review.
- Complete a short prelims quiz (30–60 minutes).

## Support

- In-app 24x7 Chat: Tap the chat icon in the app to message mentors/support instantly.
- Email: <a href="mailto:support@ccsupsc.com">support@ccsupsc.com</a>
- WhatsApp: +91-7909017633

For booking help or tech issues, reach out any time — we'll guide you step-by-step.

• Free 1:1 Video Appointment: Choose a slot

## Best regards,

## **Anoop Pandey**

#### **Course Instructor**